

ASK PPG Minutes Meeting Held Whitegate Medical Centre on 30th June 2015, Room 2 at 6 p.m.

Members Present: Ann Allen (AA); John Butler(JCB); Viv Critchley(VC); Susan Ransome(SR); Sue Stratten(SS); Gavin Quick(GQ); Mike Wain(MW)

Apologies Received: Richard Watkinson (RW); Jo Booth (JB)**Chairs Remarks and Welcome:** AA thanked everyone for coming and wished there could be more. She referred to Healthwatch Blackpool having a volunteer event at Winstone House on Thursday 9th July where prospective volunteers and board directors were being sought and advised of what their duties may be.**Minutes Previous Meeting:** Agreed as a true and correct record – VC proposed, JCB seconded**Matters Arising:** MW had sent letter re new prescription ordering online service to Jcb so he could register. This had worked but on 3rd time of ordering JCB got message he was not accepted. Eventually it was determined Jcb was using old system and registration was effective for new Patient Access System (PAS). Old method of ordering prescriptions online runs out 25th July.**Practice Update:** MW advised a CQC (Care Quality Commission) inspection was booked for 8th July and as part of it they wanted to speak to the PPG. AA and GQ indicated they were happy to do this, SR also said she would be happy to attend.

In other news Dr Majunder started with the practice in May and another doctor was starting 6th July. Sadly Dr titterton was leaving the practice, having received an offer to join a practice near where he lives in Bolton.

MW said he would forward the proposed patient survey to the PPG for OKing.

Haemochromatosis: This had been raised to check if the practice checked for it in normal tests (it transpires it is a problem of too much iron in the blood, is a generic condition and effects upto 1 in 250 people in Northern Europe. MW advised he would contact the G.P.s about haemochromatosis, but as a rule screening was tailored to the individual (ie whatever conditions they were considered likely to have e.g. diabetes, heart condition, dementia, cervical and bowel cancer would determine what the doctors would look for and screen).**Patient Access System (PAS):** GQ advised this had been raised because he had noticed a glitch in the system where no reminders of prescriptions beign due had been sent. MW advised this problem had been noted and EMIS contacted for them to investigate it.

Any Other Business: JCB advised he had been looking into Post Traumatic Stress Disorder (PTSD) which was now being linked to Post Natal Depression. A lot of sufferers have been to the NHS without great success (CBT (Cognitive Behaviour Therapy), EMDR (Eye Movement Desensitisation and Reprocessing), Medication (anti-depression pills)). At a recent event he had been made aware of a course organised by an organisation called Talking2Minds which lasts for a week, does not involve any drug taking and seems to be quite successful. MW said he could obtain a list of patients suffering from PTSD and let them know of the course. It was not an NHS course so they could not refer people to oit merely do a mail shot and let them know they had heard of this course.

VC requested people when driving to please look out for hedgehogs.

Date and Time of Next Meeting : Aug 11 Room 1, Whitegate Medical Centre 6p.m.